



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 7

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 8

10:00am *A Christmas Carol*
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Service for Nelson Lucas

WEDNESDAY 9

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
7:00pm Movie Night at the Cathedral
7:00pm Cathedral Choir Rehearsal

THURSDAY 10

12Noon NA Meeting
12Noon Lunch Bunch
12Noon Centering Prayer
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:15pm Celebration Choir Rehearsal

FRIDAY 11

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 12

9:00am Trinity Men's Breakfast

SUNDAY 13

7:30am Holy Eucharist
9:00am Holy Eucharist
10:15am Crochet/Knitting Group
10:15am *Awaiting the Already*
10:15am Newcomers' Group
10:15am 30/40's and Beyond
10:15am Sunday School
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Growing in Faith
5:00pm Advent Potluck Dinner Church

We Need Ushers!

At the 11:15am services on the Fourth and Fifth Sundays. Please contact Kevin Donohue at 396-9731 or kfdsac@att.net or Randie Strike at 203-7586 or randie.trinity@gmail.com

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for December 13, 2015 *The Third Sunday of Advent*

Zephaniah 3:14-20
Canticle 9
Philippians 4:4-7
Luke 3:7-18

TODAY @ TRINITY – DECEMBER 6, 2015

The Library is open in the Elevator Alcove

First Sunday Family Service: 9:00am in the Great Hall

Activities at 10:15am

Newcomers' Group – Room C

Join us next Sunday as we discuss Living with Change.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Living Well Through Advent: Practicing Patience With All Your Heart, Soul, Strength, and Mind – Conference Room

Today we continue our Advent Series: Living Well Through Advent: Practicing Patience With All Your Heart, Soul, Strength and Mind. Join us for this Advent Journey! Questions? contact Amy Dierlam - dnarock@pacbell.net.

Awaiting the Already – Room J

An Advent Journey Through the Gospels

This book by Magrey R. deVega will be our guide for the four Sundays of Advent. Each week we will look at what one Gospel has to say about the season, eventually touching all four Gospels. Some material will be presented each week to get us started, but there will be lots of time for shared thoughts and discussion. Bud Swank is the leader.

Veterans Meeting – Assembly Area

Attention all Veterans! Bring your coffee and munchies and join us.

Later Today

GROWING IN FAITH - STILL IN START UP MODE:

Meets 3 – 5 pm in the Assembly Area

"Growing in Faith," Trinity's program to prepare adults for **Baptism, Confirmation, and Reception into the Episcopal Church**, meets today in the Assembly Area. This program is also a way for those who want to renew their faith and reflect on the Gospel in small groups. All are welcome. Come and find out what it is about. You'll be glad you did!

Assistance need before/after 11:15am service

Call Ada New at 916-443-8024 if you can help her on Sunday mornings come to church at 11:15 AM and return home at about 12:30 PM, when the service is over. Ada lives at the Chateau and needs assistance getting across the street.

CATHEDRAL BOOKSHOP

Come in and see our selection of Advent candles, calendars and books and our assortment of Christmas Cards.

Store hours are:
Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm
Contact us at 916-442-9194 or
bookshop3@gmail.com

This Week

Remembering Nelson Lucas

We will gather to remember our brother in Christ, Nelson Lucas, on Tuesday, December 8 at 6:00pm.

The celebration of Nelson's life will continue at the reception in the Great Hall following the service. You are welcome to bring an appetizer or treat to share. Finger foods that are pre-plated and ready-to-serve are most appreciated.

The service that Nelson and his husband, our Deacon Steve Skiffington, planned together will be a beautiful tribute to a remarkable man. Do join us as we honor Nelson and share our memories of his grace-filled, indomitable spirit and the many ways he has touched our hearts and lives.

Questions? Please contact Kathleen Montgomery at ladyiris49@gmail.com or 916-801-1144.

Centering Prayer

There will be NO 6:00pm Centering Prayer on Tuesday, December 8.

A Christmas Carol

Tuesday, December 8, 15 and 15 at 10am

If you are not able to make Thursday Nights at the Cathedral and want to participate in our new Advent tradition-the reading of Charles Dickens' *A Christmas Carol* please join us on three Tuesday mornings. We will read it aloud and then watch the version we all choose to view on the last Tuesday. Hope to see you there.

Movie Discussion Night at the Cathedral

Wednesday, December 9 at 7pm, Conference Room

Join us for a provocative discussion based on a 20 minute video that seeks to challenge and strengthen our faith. All are welcome.

A Christmas Story Theatre

All proceeds benefit River City Food Bank

Where: St. Michael's Episcopal Church, 2140 Mission Avenue, Carmichael

When: Friday & Saturday, Dec. 11 & 12 @ 7:30 and Sunday, Dec. 13 @ 2 PM

Enjoy a series of short traditional and non-traditional Christmas-themed readings, followed by a group singing of "Silent Night," and a special reception afterwards!

\$20.00 per household, \$10.00 Individual, \$8.00 Student/Seniors

Advent Potluck Dinner Church

Sunday December 13th at 5pm in the Cathedral

Hope to see you there!

Please send questions to Rev. Megan at megan@trinitycathedral.org. If you would like to contribute food/drink and/or liturgical pieces to the gathering, please let us know.

Coming Up

A Festival of Nine Lessons and Carols

Saturday, December 19 at 7:30 pm

This is a service celebrating the birth of Jesus, which is traditionally followed at Christmas. The story of the fall of humanity, the promise of the Messiah, and the birth of Jesus is told in nine short Bible readings, interspersed with the singing of carols, anthems, and hymns. The service has become known worldwide through the broadcasts from the Chapel of King's College, Cambridge, England.

Christmas Hospitality

Support Trinity's Hospitality Ministry by helping set up and/or serve at one of the Christmas Eve receptions (which follow the services at 3, 5, 8 and 11 p.m.). Please contact Georgianna at dugongs@sbcglobal.net or (916) 266-1802 by 12/20 with any questions and/or to sign up. Thanks!

THURSDAY NIGHT AT THE CATHEDRAL

6:00 - Compline; 6:15 - Dinner; 7:00 - Classes

Classes

A Peaceful Christmas: Honest Communication that Connects Facilitated by Alex Leach

Christmas and the Holidays can be tough. None of us want to be biting our tongues, or tip toeing around certain topics. Come learn and practice concrete communication skills to honestly connect this Christmas season. This two day class will cover the powerful skill of empathizing with difficult messages, and speaking up with compassion, setting boundaries and expressing gratitude. There is a way to talk openly and honestly with the in-laws that won't ruin Christmas morning.

Alex has been teaching communication skills for over three years in the Sacramento/Davis area. He has worked for the Relationship Skills Center, a non-profit in Sacramento working to teach communication skills to low-income families. He has been running a private practice teaching communication skills in Davis for over three years.

A Christmas Carol Facilitated by Susan Hotchkiss

Ebenezer Scrooge had a lot to learn about being a compassionate, giving human being. Past life experiences had led him to put more time and effort into making money rather than cultivating relationships and hoarding cash rather than giving to those less fortunate. Ultimately this led to denying himself any quality of life. Was there still time for him to change??? The story is a short one but chock full of 19th century issues we still battle today - poverty, class divisions, prison overcrowding. And the theme of redemption is ongoing and universal. Join us in the Cathedral Bookshop as we read *A Christmas Carol* aloud. Then on December 17th we will gather in the Assembly area to watch one of the many versions of this classic story.

DID YOU BRING YOUR COFFEE MUG?

Help Trinity reduce our environmental footprint by bringing your own mug, but because spills are occurring, TREE is recommending mugs with lids. Sign up at the TREE table for the raffle when you bring a mug with a lid.

Christmas Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Christmas Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Deadline is December 14 for inclusion in the Christmas programs.

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____