



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 14

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry—TC

TUESDAY 15

10:00am *A Christmas Carol*
12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
6:30pm Vestry Meeting

WEDNESDAY 16

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting
3:00pm Dementia Caregivers Support
7:00pm Prayer Night at the Cathedral
7:00pm Cathedral Choir Rehearsal

THURSDAY 17

12Noon NA Meeting
12Noon Lunch Bunch
12Noon Centering Prayer
4:30pm Writing Group
6:00pm Compline
6:15pm TNAC Dinner
7:00pm TNAC Classes
7:15pm Celebration Choir Rehearsal

FRIDAY 18

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 19

7:30pm Festival of Nine Lessons and Carols

SUNDAY 20 HEALING SUNDAY

7:30am Holy Eucharist w/healing
9:00am Holy Eucharist w/healing
10:15am *Awaiting the Already*
10:15am Newcomers' Group
10:15am 30/40's and Beyond
10:15am Sunday School
11:15am Holy Eucharist w/healing
12:45pm Holy Eucharist w/healing
1:30pm Greening of the Cathedral
3:00pm Growing in Faith

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for December 20, 2015 *The Fourth Sunday of Advent*

Micah 5:2-5a
Hebrews 10:5-10
Luke 1:39-45
Canticle 15

TODAY @ TRINITY — DECEMBER 13, 2015

Activities at 10:15am

Newcomers' Group — Room C

Join us as we discuss Ministry Opportunities.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

Living Well Through Advent — Conference Room

We continue our Advent Series: *Living Well Through Advent: Practicing Patience With All Your Heart, Soul, Strength and Mind.* Join us for this Advent Journey! Questions? contact Amy Dierlam - dnarock@pacbell.net.

Awaiting the Already — Room J

An Advent Journey Through the Gospels

This book by Magrey R. deVega will be our guide for the four Sundays of Advent. Each week we will look at what one Gospel has to say about the season, eventually touching all four Gospels. Some material will be presented each week to get us started, but there will be lots of time for shared thoughts and discussion. Bud Swank is the leader.

Crochet / Knitting Group — Great Hall

Please join us for a crochet/knitting gathering. There will be help for people who want to learn to crochet and/or knit.

Later Today

GROWING IN FAITH - STILL IN START UP MODE:

Meets 3 - 5 pm in the Assembly Area

"Growing in Faith," Trinity's program to prepare adults for **Baptism, Confirmation, and Reception into the Episcopal Church**, meets today in the Assembly Area. This program is also a way for those who want to renew their faith and reflect on the Gospel in small groups. All are welcome. Come and find out what it is about. You'll be glad you did!

Advent Potluck Dinner Church

- Oil For Your Lamp -

Sunday, December 13 at 5pm in the Cathedral

An Advent Service of Communion and Healing. Come for worship, fellowship, and a wonderful potluck meal.

Please send questions to Rev. Megan at megan@trinitycathedral.org. If you would like to contribute food/drink and/or liturgical pieces to the gathering, please let us know.

We Need Ushers!

At the 11:15am services on the Fourth and Fifth Sundays. Please contact Kevin Donohue at 396-9731 or kfdsac@att.net or Randie Strike at 203-7586 or randie.trinity@gmail.com

Trinity Cathedral 2016 Annual Appeal

We are so blessed that as of Sunday, December 6, we are at 56% of our 2016 goal of \$1.5 million. This is a busy time of the year for us all with the holidays, family and friends. If you haven't done so already, please return your 2016 appeal card to the church office or place it in Sunday's offertory. You may also submit your gift online at www.trinitycathedral.org. Thank you.

Yours in Christ,

Rod Thomas and Chris Tzimenatos

Co-Chairs Stewardship Committee

This Week

A Festival of Nine Lessons and Carols

Saturday, December 19 at 7:30 pm

This is a service celebrating the birth of Jesus, which is traditionally followed at Christmas. The story of the fall of humanity, the promise of the Messiah, and the birth of Jesus is told in nine short Bible readings, interspersed with the singing of carols, anthems, and hymns. The service has become known worldwide through the broadcasts from the Chapel of King's College, Cambridge, England.

Coming Up

Christmas Services at the Cathedral

Christmas Eve at 3:00 pm

Christmas Pageant and Family Eucharist *
Music sung by the Cathedral Choristers

Christmas Eve at 5:00 pm

Christmas Pageant and Family Eucharist *
Music sung by the Celebration Choir

Christmas Eve at 8:00 pm

Solemn High Mass - Rite I **
Music by the Cathedral Choir

Christmas Eve at 10:30 pm

"Unto us is born a Son"

A Festive Christmas Concert by the Cathedral Choir

Christmas Eve at 11:00 pm

Festive Holy Eucharist ("Midnight Mass") **
Music by the Cathedral Choir

Christmas Day at 10:00 am

Holy Baptism and Christmas Eucharist
Simple service with Christmas Carols.

A reception will follow each service.
Please bring finger foods to share.

* Denotes that childcare is available during the service.

** Incense is used during the service.

Christmas Hospitality

Support Trinity's Hospitality Ministry by helping set up and/or serve at one of the Christmas Eve receptions (which follow the services at 3, 5, 8 and 11 p.m.). Please contact Georgianna at dugongs@sbcglobal.net or (916) 266-1802 by 12/20 with any questions and/or to sign up. Thanks!

Remember a Veteran

When filling out Christmas Cards this year take a card and send to this address:

A Recovering American Soldier
C/O Walter Reed Army Medical Center
6900 Georgia Avenue NW
Washington, D.C. 20307-5001

Thank you for remembering these special people who sacrificed so much. ~ ~ The Rev. Diana Turner

CATHEDRAL BOOKSHOP

**Our supply of nativities is quickly disappearing.
Be sure to get yours while they last.**

Store hours are:

Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or
bookshop3@gmail.com

Thank you!

Due to the generosity of the friends of Canon Carey, there was money left over after expenses for his 90th birthday party. Therefore, about \$1,500 will be donated to the Trinity Organ Restoration fund! A big thank you to all of the volunteers who made his memorable occasion happen. ~ ~ Candace Miller

THURSDAY NIGHT AT THE CATHEDRAL

6:00 - Compline; 6:15 - Dinner; 7:00 - Classes

Classes

A Peaceful Christmas: Honest Communication that Connects Facilitated by Alex Leach

Christmas and the Holidays can be tough. None of us want to be biting our tongues, or tip toeing around certain topics. Come learn and practice concrete communication skills to honestly connect this Christmas season. This two day class will cover the powerful skill of empathizing with difficult messages, and speaking up with compassion, setting boundaries and expressing gratitude. There is a way to talk openly and honestly with the in-laws that won't ruin Christmas morning.

Alex has been teaching communication skills for over three years in the Sacramento/Davis area. He has worked for the Relationship Skills Center, a non-profit in Sacramento working to teach communication skills to low-income families. He has been running a private practice teaching communication skills in Davis for over three years.

A Christmas Carol Facilitated by Susan Hotchkiss

Ebenezer Scrooge had a lot to learn about being a compassionate, giving human being. Past life experiences had led him to put more time and effort into making money rather than cultivating relationships and hoarding cash rather than giving to those less fortunate. Ultimately this led to denying himself any quality of life. Was there still time for him to change??? The story is a short one but chock full of 19th century issues we still battle today - poverty, class divisions, prison overcrowding. And the theme of redemption is ongoing and universal. Join us in the Cathedral Bookshop as we read *A Christmas Carol* aloud. Then on December 17th we will gather in the Assembly area to watch one of the many versions of this classic story.

DID YOU BRING YOUR COFFEE MUG?

Help Trinity reduce our environmental footprint by bringing your own mug, but because spills are occurring, TREE is recommending mugs with lids. Sign up at the TREE table for the raffle when you bring a mug with a lid.

Christmas Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to "Trinity Cathedral" with 'Christmas Flowers' on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

Deadline is December 14 for inclusion in the Christmas programs.

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____