



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 19

12Noon NA Meeting
5:45pm Holy Eucharist
7:00pm Stephen Ministry - TC

TUESDAY 20

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer
7:00pm Acolyte Practice

WEDNESDAY 21

10:00am Moms, Tots and Pops
12Noon NA Meeting
12:10pm Holy Eucharist
7:00pm Cathedral Choir Rehearsal

THURSDAY 22

12Noon NA Meeting
12Noon Centering Prayer
12Noon Lunch Bunch
3:00pm Writing Group
6:00pm Compline
7:15pm Celebration Choir Rehearsal

FRIDAY 23

9:00am Holy Eucharist
12Noon NA Meeting

SATURDAY 24 CHRISTMAS EVE

3:00pm Holy Eucharist w/Christmas Pageant
5:00pm Holy Eucharist w/Christmas Pageant
8:00pm Solemn Holy Eucharist
10:30pm Christmas Concert
11:00pm Festive Holy Eucharist

SUNDAY 25 CHRISTMAS DAY

10:00am Holy Eucharist



Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Lessons for December 25, 2016 *Christmas Day*

Isaiah 62:6-12
Titus 3:4-7
Luke 2:(1-7)8-20
Psalm 97

TODAY @ TRINITY — DECEMBER 18, 2016

Healing at ALL Services Today
7:30, 9:00, 11:15 and 12:45 Services

Activities at 10:15am

An Advent Adventure - Room A

Facilitated by Morey Lloyd

The Comings and the Goings of the Music of Bob Dylan

Poetry prepares us for the Coming One. The Song and Dance man leads us to the perfect Trinity of Hope: Peace, Joy & Love.

Newcomers' Group - Room C

The group will discuss Worship and Stewardship.

Contact is Randie Strike: randie.trinity@gmail.com;916-446-2513

Living Well Through Advent - Conference Room

All are welcome to join us! Through the rest of Advent we will use a booklet from Living Compass called *Practicing Simplicity With All Your Heart, Soul, Strength and Mind*. Contact is Amy Dierlam at dnarock@pacbell.net

Later Today

Free Yoga In the Cathedral

Today and every Sunday at 2pm through December!

The classes will be accessible to a variety of levels, ages, and abilities. Free will cash donations accepted to support the wonderful Solefire Yoga Instructors partnering with us to make this offering possible. If you have questions, contact Rev. Megan: Megan@trinitycathedral.org

JOURNEY WITH JESUS - Assembly Area

TODAY from 3:30 to 5:30 PM.

Bible Study, preparation for adult baptism and confirmation, fellowship and prayer. Now is the time to join! Contact Jerry Paré for more information (jpare@trinitycathedral.org; 916-930-8032)

Potluck church presents:

Hope in the darkness

Sunday, December 18th at 5pm

Dessert Potluck in the Great Hall

All are welcome for a quiet Advent service with prayer, song, community, and sweet treats. In this season of waiting and darkness, all are invited to bring a printed copy of a prayer or poem that brings them hope, along with a dessert to share.

This Week

Interfaith Homeless Memorial Service

Monday, December 19, 7:00pm at Trinity Cathedral

A service to remember our homeless neighbors who died in 2016. Among others reflections will be done by Mayor Steinberg, Rabbi Alfi and representatives from the American Muslim Voice Foundation, Lakota Lower Brule Tribe, ACT, the Catholic Diocese of Sacramento and the Western Center on Law and Poverty.

Pilgrimage Sacramento

We will host TWO Pilgrimage Sacramento Dinner/Overnights this month.

The first one is **Monday, December 19** to compliment the Interfaith Homeless Memorial at 7:00 (Dinner served at 6:00)

The second one falls on our traditional Fourth Wednesday of the Month, **December 28**.

If you would be interested in volunteering for either or have any questions, please contact jessie@trinitycathedral.org

Next Saturday and Sunday

On Sunday, December 25, there will only be ONE 10:00am service. We will resume our normal four service schedule on Sunday, January 1.



Christmas Services at the Cathedral

Christmas Eve at 3:00 pm

Christmas Pageant and Family Eucharist *
Music sung by the Cathedral Choristers

Christmas Eve at 5:00 pm

Christmas Pageant and Family Eucharist *
Music sung by the Celebration Choir

Christmas Eve at 8:00 pm

Solemn High Mass - Rite II with incense
Music by the Cathedral Choir

Christmas Eve at 10:30 pm - "Christmas Day"

- A Festive Christmas Concert by the Cathedral Choir

Christmas Eve at 11:00 pm

Festive Holy Eucharist with incense
Music by the Cathedral Choir

Christmas Day at 10:00 am

Holy Baptism and Christmas Eucharist
Simple service with Christmas Carols.

A reception will follow each service.
Please bring finger foods to share.

* Childcare is available during the service.



Help wanted:

A few "Santa's elves" are still needed to set up and serve for the receptions following each Christmas Eve service (at 3, 5, 8 and 11). Please email Georgianna at dugongs@sbcglobal.net to let us know when/where you can help. Thanks! *from your Hospitality team*

Ongoing

Traveling Bible Study and Spirituality Group

Trinity young adults (20s-30s) meet twice a month on Sunday afternoons for lunch, fellowship, and bible study around town. To join the email list, email Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in Room F. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 3pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

Episcopal Youth Fellowship

Welcoming youth in grades 6th-12th every Sunday **during the school year** at 10:15am. Contact: Rev. Kathy Hopner at 930-8027

THURSDAY NIGHT AT THE CATHEDRAL

6:00 pm - Compline
Dinner and classes will resume
on January 12

For more information about Adult Spiritual Formation at Trinity Episcopal Cathedral, please contact:
The Rev. Dr. Pamela Anderson:
Pamela@trinitycathedral.org or 916/446-2513

CATHEDRAL BOOKSHOP

Visit our Christmas card and gift selections soon!

Store hours are:
Tu-Th:11:00am - 5:00pm;
Sun: 8:30am - 1:00pm

Contact us at 916-442-9194 or bookshop3@gmail.com

Family Promise

Returns to Trinity January 15-21, 2017

Thanks to our generous volunteers and donors at Trinity Cathedral, we provided shelter to a total of 13 unique families and 18 children for Family Promise in 2016. We look forward to a new year of hosting the families, beginning with the week of January 15-21, 2017. We need dinner cooks, evening hosts to serve, clean up and provide hospitality, and overnight hosts to spend the night with the families and make sure they are safe and comfortable. We also need on the Sunday the families leave, January 22, a volunteer with a truck or SUV with a trailer hitch to drive the Family Promise trailer to the next church, and someone to launder the bedding. You only need to do one task on one evening during the week. Dinner cooks may leave a ready to heat meal in the kitchen at the Great Hall as long as there are instructions on what needs to be done. Please sign up on the Family Promise poster in the Great Hall, or email Eleanor Taniguchi at ehtaniguchi@gmail.com. Thanks!

Christmas Flower Donation

***A nice way to give thanks or
to remember loved ones.***

Send your request and contribution (make check payable to
"Trinity Cathedral" with "Christmas Flowers" on the memo line) to:
Trinity Cathedral Flowers, 2620 Capitol Ave, Sacramento, 95816

**Deadline is December 19 for inclusion in
the Christmas programs.**

In Thanksgiving for: _____
In Memory of: _____
From: _____ Phone# _____