



Trinity Episcopal Cathedral Announcements



Welcome! Please accept a welcome gift from the ushers as they are offered during the time of Announcements. It has information, some gifts, and a card for you to fill out if you like. We hope you will fill out the card and put it in the offering plate because it will help us know about your needs. We promise that this will not generate junk mail.

THE WEEK AHEAD

MONDAY 28

12Noon NA Meeting
5:45pm Holy Eucharist

TUESDAY 29

12Noon NA Meeting
12:10pm Holy Eucharist
6:00pm Centering Prayer

WEDNESDAY 30

9:00am Holy Eucharist
10:00am Mom's, Tot's and Pop's
12Noon NA Meeting

THURSDAY 31 OFFICE CLOSED @ NOON

12Noon NA Meeting
12Noon Centering Prayer

FRIDAY JANUARY 1 OFFICE CLOSED

SATURDAY 2

SUNDAY 3 LIBRARY OPEN

7:30am Holy Eucharist
9:00am Holy Eucharist
9:00am Family Service
10:15am Veterans Swapping Stories
11:15am Holy Eucharist
12:45pm Holy Eucharist
3:00pm Growing in Faith

TODAY @ TRINITY — DECEMBER 27, 2015

There will be no Sunday School or Children's Chapel today.

Activities at 10:15am

Newcomers' Group

Will NOT meet.

If you have questions contact Randie Strike at email randie.trinity@gmail.com or 916-446-2513.

This Week

New Year's Eve Evening Prayer

Thursday, December 31, 5:30pm in the Cathedral

Please join us on New Year's Eve for an Evening Prayer service in the Cathedral. It will be quiet and comforting - a wonderful way to start an evening of celebration or reflection. And a way of letting 2015 go and welcoming 2016.

Next Sunday

First Sunday Family Service

Sunday, January 3rd at 9:00am in the Great Hall

Please join us for our First Sunday Family Service on January 3rd as we celebrate the Season of Epiphany! We'll remember the journey of the three kings and their star in this season of light at 9:00 a.m. in the Great Hall followed by brunch and arts and crafts.

Coming Up

30s/40s and Beyond: For Epiphany

Sundays, January 10 - February 7 at 10:15am

As the wise men brought their gifts to the baby Jesus, so can we bring our spiritual gifts to our daily life. We will be watching a DVD - *The Discovery Series: A Christian Journey* created by the Episcopal Diocese of Texas and offered through Forward Movement. Join us as we assess, explore and define the "minister" in all of us! For more information see www.forwardmovement.org/products. Contact is Amy Dierlam - dnarock@pacbell.net

An Introduction to Islam

Sundays at 10:15am beginning January 10

Join us as we explore the fundamentals of Islam: the life of Mohammed, the Koran, the Pillars, its social teaching, and Sufism. We'll be approaching the religion with an attitude of appreciation and curiosity. Questions encouraged! Andre Jensen will facilitate the group. He has been teaching Philosophy at Sacramento City College for over 20 years and has been teaching a survey course in World Religions since 2008.

Epiphany Party Potluck Dinner Church

Sunday, January 10 at 5:30pm in the Cathedral.

Potluck dinner church is a more casual encounter with community and communion around a shared meal and theme. Everyone contributes to the experience by bringing prayer, song, food, candles, etc. All are welcome at the table and invited to offer what they have and be open to receiving what is offered. Contact Rev. Megan at megan@trinitycathedral.org with questions or offerings.

End of Year gifts to Trinity must be postmarked by December 31

The Office will be Closed from Noon on Thursday, December 31 until Monday, January 4

Pastoral Emergencies:

Call the office: 446-2513
Evenings, weekends & holidays: 214-0382

Prayer Box in the Narthex: Daughters of the King will hold your request in prayer daily for at least one month.

Parking on Sundays for those with disabilities is provided behind the Great Hall.

Lessons for January 3, 2016
The First Sunday after Christmas

Jeremiah 31:7-14
Ephesians 1:3-6,15-19a
Matthew 2:13-15,19-23
Psalm 84 or 84:1-8



Thursday Lunch Bunch

Beginning January 7.

Thursday Lunch Bunch (noon to 1pm) will be remembering a wonder filled book edited by our own Jane Onstead Lamb, spouse of Bishop Jerry Lamb. The title of the book is *HURT, JOY AND THE GRACE OF GOD, A Resurrection Story of the Episcopal Diocese of San Joaquin California*. Even if you've read this book, please consider joining the group to look again at this difficult time in our past and the joy that grace brought through that darkness. We plan to meet for five weeks. Please bring lunch, your questions and comments. Facilitator: Susan Van Dyke

"Listen for a Change"

Sacred Conversations Around Race

**Beginning Thursday, February 4
6:30pm in the Cathedral**

Trinity Cathedral will host a six week series of sacred and respectful conversations around race beginning February 4th. These conversation will help us better understand racial tensions in our country so that we can respond in an informed and Christ-filled way.

Questions? Rev. Dr. Pamela Anderson (pamela@trinitycathedral.org) or Rev. Steve Skiffington (deaconskiff@gmail.com).

CATHEDRAL BOOKSHOP

Happy New Year!

Store hours are:
Tu-Th: 11:00am - 5:00pm; Sun: 8:30am - 1:00pm
Contact us at 916-442-9194 or
bookshop3@gmail.com

Trinity Name Tags

It is helpful for Newcomers and visitors if we all wear our name tag. Order your name tag at the Welcome Center for \$2.00 each.

Ongoing

Traveling Bible Study and Spirituality Group

Every Sunday at 5pm young adults gather at restaurants, coffee shops, and other fun locations around Sacramento for fellowship and conversation on the Bible and spirituality. If you would like to be added to the email list contact Rev. Megan at megan@trinitycathedral.org

Veterans Swapping Stories

The first Sunday at 10:15am in the Assembly Area. We will be planning events and swapping stories.

Trinity Men's Group Breakfast

2nd Saturday at 9am in the Great Hall. Contact: Chris Sanft - chris@sanft.org

Lunch Bunch – Thursdays, Noon

Contact is Pastor Pamela—pamela@trinitycathedral.org

Writing Group – Thursdays, 4:30pm

Writing prompts are offered, we write, then share our writing or not. Contact: June at jgillam@wavecable.com

Centering Prayer – East Transept

Tues., 6-7pm; Thurs., Noon—1:00

Join in this receptive form of prayer that helps to quiet the mind and participate in God's presence. Contact: Nancy Earl at nancy.c.earl@gmail.com

THURSDAY NIGHT AT THE CATHEDRAL

Dinner and Classes will resume on January 7.

Classes beginning January 7

Solfire Yoga: is grateful to be hosting a special vinyasa flow yoga series here at Trinity Cathedral for all who are interested in exploring yoga as a way to connect to mind, body, and spirit. We encourage you to come with an empty stomach, a full heart, and a yoga mat! Classes will be held from 7-8pm on Thursday evenings in the Assembly Area.

Poetry Writing Workshop: Put aside any writing anxieties and come to this no-threat, collaborative workshop that will help you develop and refine your own poetic voice and style. Participants will achieve this primarily through writing exercises and giving constructive feedback to each other's draft poems. Contemporary poetry has a very wide umbrella we and leave it up to you to write the kinds of poems you want. Please join us Thursday evenings in the Conference Room for the month of January! Facilitator: Dennis Hock

Practical Spirituality: Suspicion of organized religion has caused many people to abandon a belief in a loving, intelligent and caring God, trading it for the world's view of limitation and scarcity. At the same time churches are in a position to present this God as completely accessible and teach how to become confident, becoming the person each would envision. Realizing there is One Source that supplies everything all creatures need and desire will help us to change unhelpful perceptions, attitudes and beliefs that imprison and abandon us to fear, discouragement and despair. This class, facilitated by Vaughn Wolff will explore how to live in harmony without worry for lack of anything and manifest peace, love and joy by applying Practical Principles of Christianity. Thursday evenings in the Bookshop.

DID YOU BRING YOUR COFFEE MUG?

Help Trinity reduce our environmental footprint by bringing your own mug, but because spills are occurring, TREE is recommending mugs with lids. Sign up at the TREE table for the raffle when you bring a mug with a lid.

Cathedral Flower Donation

A nice way to give thanks or to remember loved ones.

Send your request and contribution (make check payable to

"Trinity Cathedral" with 'Flowers' on the memo line) to:

**Trinity Cathedral Flowers, 2620 Capitol Ave,
Sacramento, 95816**

Date requested _____ (allow 2 weeks for processing).

In Thanksgiving for: _____

In Memory of: _____

From: _____ Phone# _____